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Theoretical Foundations of Health Education and Health Promotion Manoj Sharma 2012 "Introduces students to common theories from behavioral and social sciences that are currently being used in health education and promotion. Each discussion of theory is accompanied by a practical skill-building activity in the context of planning and evaluation and a set of application questions that will assist the student in mastering the application of the theory."--

The College De-Stress Handbook Jeff Goelitz 2011-11-01 Stress among college students is at an all-time high. Whether you are a young undergrad, a middle-aged student returning to college, or a veteran transitioning from the military to college, the skills taught in this book will show you how to reduce stress, improve decision

making, and increase academic focus. Practical tips and techniques are woven throughout to help you establish new habits of resilience as you navigate the challenges and complexities of college life. With new information on the physiology of learning and performance, you will be able to change energy-draining behaviors into those that renew and revitalize you. Topics include: Time Management, Digital Overload, Relationships, Test Anxiety, Decision Making, Insomnia, Managing Your Emotions, Personal Balance and Performance and Stress.

The Focus Project Erik Qualman 2020-05

Bulletin of the Atomic Scientists 1973-10 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security. Founded by Manhattan Project Scientists, the Bulletin's iconic "Doomsday Clock" stimulates solutions for a safer world.

Critical Appraisal of Epidemiological Studies and Clinical Trials Mark Elwood 2007-02-22 This book presents a logical system of critical appraisal, to allow readers to evaluate studies and to carry out their own studies more effectively. This system emphasizes the central importance of cause and effect relationships. Its great strength is that it is applicable to a wide range of issues, and both to intervention trials and observational studies. This system unifies the often different approaches used in epidemiology, health services research, clinical trials, and evidence-based

medicine, starting from a logical consideration of cause and effect. The author's approach to the issues of study design, selection of subjects, bias, confounding, and the place of statistical methods has been praised for its clarity and interest. Systematic reviews, meta-analysis, and the applications of this logic to evidence-based medicine, knowledge-based health care, and health practice and policy are discussed. Current and often controversial examples are used, including screening for prostate cancer, publication bias in psychiatry, public health issues in developing countries, and conflicts between observational studies and randomized trials. Statistical issues are explained clearly without complex mathematics, and the most useful methods are summarized in the appendix. The final chapters give six applications of the critical appraisal of major studies: randomized trials of medical treatment and prevention, a prospective and a retrospective cohort study, a small matched case-control study, and a large case-control study. In these chapters, sections of the original papers are reproduced and the original studies placed in context by a summary of current developments.

Pelo Bueno Yolanda Arroyo Pizarro 2018-10-15 La abuela Petronila demuestra todo el amor que siente por su nieta, al contarle historias familiares. También brinda lecciones sobre la defensa del cabello natural. Este es un cuento que resalta las raíces de la afropuertorriqueñidad y que infunde orgullo para que

crezca la autoestima en nuestros nietos y nietas, hijos e hijas.

The Oxford Guide to the Romance Languages Martin Maiden 2016-03-10 The Oxford Guide to the Romance Languages is the most exhaustive treatment of the Romance languages available today. Leading international scholars adopt a variety of theoretical frameworks and approaches to offer a detailed structural examination of all the individual Romance varieties and Romance-speaking areas, including standard, non-standard, dialectal, and regional varieties of the Old and New Worlds. The book also offers a comprehensive comparative account of major topics, issues, and case studies across different areas of the grammar of the Romance languages. The volume is organized into 10 thematic parts: Parts 1 and 2 deal with the making of the Romance languages and their typology and classification, respectively; Part 3 is devoted to individual structural overviews of Romance languages, dialects, and linguistic areas, while Part 4 provides comparative overviews of Romance phonology, morphology, syntax, semantics and pragmatics, and sociolinguistics. Chapters in Parts 5-9 examine issues in Romance phonology, morphology, syntax, syntax and semantics, and pragmatics and discourse, respectively, while the final part contains case studies of topics in the nominal group, verbal group, and the clause. The book will be an essential resource for both Romance specialists and everyone with an interest in Indo-

European and comparative linguistics.

In the Time of the Butterflies Julia Alvarez 2010-01-12 It is November 25, 1960, and three beautiful sisters have been found near their wrecked Jeep at the bottom of a 150-foot cliff on the north coast of the Dominican Republic. The official state newspaper reports their deaths as accidental. It does not mention that a fourth sister lives. Nor does it explain that the sisters were among the leading opponents of Gen. Rafael Leonidas Trujillo's dictatorship. It doesn't have to. Everybody knows of Las Mariposas—"The Butterflies." In this extraordinary novel, the voices of all four sisters—Minerva, Patria, María Teresa, and the survivor, Dedé—speak across the decades to tell their own stories, from hair ribbons and secret crushes to gunrunning and prison torture, and to describe the everyday horrors of life under Trujillo's rule. Through the art and magic of Julia Alvarez's imagination, the martyred Butterflies live again in this novel of courage and love, and the human cost of political oppression.

Management of Treatment-Resistant Major Psychiatric Disorders Charles B. Nemeroff 2012-06-05 A sizable percentage of patients with major psychiatric disorders do not respond to the first or second treatments they receive. This book summarizes the latest evidence from clinical studies concerning the treatment of patients with treatment-resistant psychiatric disorders. Both pharmacological and

psychotherapeutic interventions are included, as well as somatic non-pharmacological treatments. The chapter authors represent the leaders in their respective fields.

Thinking about Deterrence Air Univeristy Press 2014-09-01 With many scholars and analysts questioning the relevance of deterrence as a valid strategic concept, this volume moves beyond Cold War nuclear deterrence to show the many ways in which deterrence is applicable to contemporary security. It examines the possibility of applying deterrence theory and practice to space, to cyberspace, and against non-state actors. It also examines the role of nuclear deterrence in the twenty-first century and reaches surprising conclusions.

Toward a Theory of Peace Randall Caroline Watson Forsberg 2019-12-15 Military analyst, peace activist, teacher, and social theorist Randall Caroline Watson Forsberg (1943–2007) founded the Nuclear Freeze campaign and the Institute for Defense and Disarmament Studies. In "Toward a Theory of Peace," completed in 1997 and published for the first time here, she delves into a vast literature in psychology, anthropology, archeology, sociology, and history to examine the ways in which changing moral beliefs came to stigmatize forms of "socially sanctioned violence" such as human sacrifice, cannibalism, and slavery, eventually rendering them unacceptable. Could the same process work for war? Edited and with an

introduction by political scientists Matthew Evangelista (Cornell University) and Neta C. Crawford (Boston University), both of whom worked with Forsberg.

A Book of Golden Deeds Charlotte Mary Yonge 1866

Challenging Codes Alberto Melucci 1996-09-12 Leading social movements theorist examines collective action in the context of the information society.

Merriam-Webster's Vocabulary Builder Mary W. Cornog 1998 The ideal book for people who want to increase their word power. Thorough coverage of 1,200 words and 240 roots while introducing 2,300 words. The Vocabulary Builder is organized by Greek and Latin roots for effective study with nearly 250 new words and roots. Includes quizzes after each root discussion to test progress. A great study aid for students preparing to take standardized tests.

The Signal and the Noise Nate Silver 2015-02-03 UPDATED FOR 2020 WITH A NEW PREFACE BY NATE SILVER "One of the more momentous books of the decade." —The New York Times Book Review Nate Silver built an innovative system for predicting baseball performance, predicted the 2008 election within a hair's breadth, and became a national sensation as a blogger—all by the time he was thirty. He solidified his standing as the nation's foremost political forecaster with his near perfect prediction of the 2012 election. Silver is the founder and editor in chief of the website FiveThirtyEight. Drawing on his own groundbreaking work,

Silver examines the world of prediction, investigating how we can distinguish a true signal from a universe of noisy data. Most predictions fail, often at great cost to society, because most of us have a poor understanding of probability and uncertainty. Both experts and laypeople mistake more confident predictions for more accurate ones. But overconfidence is often the reason for failure. If our appreciation of uncertainty improves, our predictions can get better too. This is the “prediction paradox”: The more humility we have about our ability to make predictions, the more successful we can be in planning for the future. In keeping with his own aim to seek truth from data, Silver visits the most successful forecasters in a range of areas, from hurricanes to baseball to global pandemics, from the poker table to the stock market, from Capitol Hill to the NBA. He explains and evaluates how these forecasters think and what bonds they share. What lies behind their success? Are they good—or just lucky? What patterns have they unraveled? And are their forecasts really right? He explores unanticipated commonalities and exposes unexpected juxtapositions. And sometimes, it is not so much how good a prediction is in an absolute sense that matters but how good it is relative to the competition. In other cases, prediction is still a very rudimentary—and dangerous—science. Silver observes that the most accurate forecasters tend to have a superior command of probability, and they tend to be

both humble and hardworking. They distinguish the predictable from the unpredictable, and they notice a thousand little details that lead them closer to the truth. Because of their appreciation of probability, they can distinguish the signal from the noise. With everything from the health of the global economy to our ability to fight terrorism dependent on the quality of our predictions, Nate Silver's insights are an essential read.

Causes of War Jack S. Levy 2011-09-15 Written by leading scholars in the field, *Causes of War* provides the first comprehensive analysis of the leading theories relating to the origins of both interstate and civil wars. Utilizes historical examples to illustrate individual theories throughout Includes an analysis of theories of civil wars as well as interstate wars -- one of the only texts to do both Written by two former International Studies Association Presidents

Risk-Taking in International Politics Rose McDermott 2001 Discusses the way leaders deal with risk in making foreign policy decisions

War and Peace in International Rivalry Paul F. Diehl 2010-06-02 This book provides the first detailed analysis of international rivalries, the long-standing and often violent confrontations between the same pairs of states. The book addresses conceptual components of rivalries and explores the origins, dynamics, and termination of the most dangerous form of rivalry--enduring rivalry--since 1816.

Paul Diehl and Gary Goertz identify 1166 rivalries since 1816. They label sixty-three of those as enduring rivalries. These include the competitions between the United States and Soviet Union, India and Pakistan, and Israel and her Arab neighbors. The authors explain how rivalries form, evolve, and end. The first part of the book deals with how to conceptualize and measure rivalries and presents empirical patterns among rivalries in the period 1816-1992. The concepts derived from the study of rivalries are then used to reexamine two central pieces of international relations research, namely deterrence and "democratic peace" studies. The second half of the book builds an explanation of enduring rivalries based on a theory adapted from evolutionary biology, "punctuated equilibrium." The study of international rivalries has become one of the centerpieces of behavioral research on international conflict. This book, by two of the scholars who pioneered such studies, is the first comprehensive treatment of the subject. It will become the standard reference for all future studies of rivalries. Paul F. Diehl is Professor of Political Science and University Distinguished Teacher/Scholar, University of Illinois. He is the coeditor of *Reconstructing Realpolitik* and coauthor of *Measuring the Correlates of War*. Gary Goertz is Assistant Professor of Political Science, University of Arizona, and is the coauthor with Paul Diehl of *Territorial*

Change and International Conflict.

The Death of Expertise Thomas M. Nichols 2017 A cult of anti-expertise sentiment has coincided with anti-intellectualism, resulting in massively viral yet poorly informed debates ranging from the anti-vaccination movement to attacks on GMOs. As Tom Nichols shows in *The Death of Expertise*, there are a number of reasons why this has occurred—ranging from easy access to Internet search engines to a customer satisfaction model within higher education.

The Upside of Stress Kelly McGonigal 2016-05-10 Drawing from groundbreaking research, psychologist and award-winning teacher Kelly McGonigal, PhD, offers a surprising new view of stress—one that reveals the upside of stress, and shows us exactly how to capitalize on its benefits. You hear it all the time: stress causes heart disease; stress causes insomnia; stress is bad for you! But what if changing how you think about stress could make you happier, healthier, and better able to reach your goals? Combining exciting new research on resilience and mindset, Kelly McGonigal, PhD, proves that undergoing stress is not bad for you; it is undergoing stress while believing that stress is bad for you that makes it harmful. In fact, stress has many benefits, from giving us greater focus and energy, to strengthening our personal relationships. McGonigal shows readers how to cultivate a mindset that embraces stress, and activate the brain's natural ability to

learn from challenging experiences. Both practical and life-changing, *The Upside of Stress* is not a guide to getting rid of stress, but a toolkit for getting better at it—by understanding, accepting, and leveraging it to your advantage.

Postharvest Handling Robert L. Shewfelt 2012-12-02 *Postharvest Handling: A Systems Approach* introduces a new concept in the handling of fresh fruits and vegetable. Traditional treatments have been either physiologically based with an emphasis on biological tissue or technologically based with an emphasis on storage and handling. This book integrates all processes from production practices through consumer consumption with an emphasis on understanding market forces and providing fresh product that meets consumer expectations. Postharvest physiologists and technologists across the disciplines of agricultural economics, agricultural engineering, food science and horticulture along with handlers of minimally-processed products within the fresh produce fruit and vegetable processing industries will find this to be an invaluable source of information. Uses a systems approach that provides a unique perspective on the handling of fresh fruits and vegetables Designed with the applied perspective to complement the more basic perspectives provided in other treatments Provides the integrated, interdisciplinary perspective needed in research to improve the quality of fresh and minimally processed products Emphasizes that the design of handling systems

should be market-driven rather than concentrating on narrow specifics

Aromatherapy Kathi Keville 2012-07-25 A comprehensive guide to using essential oils in health, beauty, and well-being. Aromatherapy offers countless uses for balancing body, mind, and spirit. Drawing on 75 combined years of experience in botanical therapies, Keville and Green provide a complete resource for students and practitioners. This encyclopedic guide, with more than 90 formulas, details cosmetics, perfumes, and botanical therapies that will help you harness the healing power of plants to enhance your beauty, health, and overall well-being.

Leadership and Nursing Care Management - E-Book Diane Huber 2013-08-07 Comprehensive and easy to read, this authoritative resource features the most up-to-date, research-based blend of practice and theory related to the issues that impact nursing management and leadership today. Key topics include the nursing professional's role in law and ethics, staffing and scheduling, delegation, cultural considerations, care management, human resources, outcomes management, safe work environments, preventing employee injury, and time and stress management. Research Notes in each chapter summarize relevant nursing leadership and management studies and show how research findings can be applied in practice. Leadership and Management Behavior boxes in each chapter highlight the performance and conduct expected of nurse leaders, managers, and

executives. Leading and Managing Defined boxes in each chapter list key terminology related to leadership and management, and their definitions. Case Studies at the end of each chapter present real-world leadership and management situations and illustrate how key chapter concepts can be applied to actual practice. Critical Thinking Questions at the end of each chapter present clinical situations followed by critical thinking questions that allow you to reflect on chapter content, critically analyze the information, and apply it to the situation. A new Patient Acuity chapter uses evidence-based tools to discuss how patient acuity measurement can be done in ways that are specific to nursing. A reader-friendly format breaks key content into easy-to-scan bulleted lists. Chapters are divided according to the AONE competencies for nurse leaders, managers, and executives. Practical Tips boxes highlight useful strategies for applying leadership and management skills to practice.

Understanding Morphology Martin Haspelmath 2013-10-28 This new edition of Understanding Morphology has been fully revised in line with the latest research. It now includes 'big picture' questions to highlight central themes in morphology, as well as research exercises for each chapter. Understanding Morphology presents an introduction to the study of word structure that starts at the very beginning. Assuming no knowledge of the field of morphology on the part of the reader, the

book presents a broad range of morphological phenomena from a wide variety of languages. Starting with the core areas of inflection and derivation, the book presents the interfaces between morphology and syntax and between morphology and phonology. The synchronic study of word structure is covered, as are the phenomena of diachronic change, such as analogy and grammaticalization. Theories are presented clearly in accessible language with the main purpose of shedding light on the data, rather than as a goal in themselves. The authors consistently draw on the best research available, thus utilizing and discussing both functionalist and generative theoretical approaches. Each chapter includes a summary, suggestions for further reading, and exercises. As such this is the ideal book for both beginning students of linguistics, or anyone in a related discipline looking for a first introduction to morphology.

The Vagabond in Literature Arthur Compton-Rickett 1906 "Bibliographical notes": pages 206-[207] Foreword.--Introduction: The vagabond element in modern literature--I. William Hazlitt.--II. Thomas De Quincey.--III. George Borrow.--IV. Henry D. Thoreau.--V. Robert Louis Stevenson.--VI. Richard Jefferies.--VII. Walt Whitman.

Outliers Malcolm Gladwell 2008-11-18 From the bestselling author of Blink and The Tipping Point, Malcolm Gladwell's Outliers: The Story of Success overturns

conventional wisdom about genius to show us what makes an ordinary person an extreme overachiever. Why do some people achieve so much more than others? Can they lie so far out of the ordinary? In this provocative and inspiring book, Malcolm Gladwell looks at everyone from rock stars to professional athletes, software billionaires to scientific geniuses, to show that the story of success is far more surprising, and far more fascinating, than we could ever have imagined. He reveals that it's as much about where we're from and what we do, as who we are - and that no one, not even a genius, ever makes it alone. Outliers will change the way you think about your own life story, and about what makes us all unique.

'Gladwell is not only a brilliant storyteller; he can see what those stories tell us, the lessons they contain' Guardian 'Malcolm Gladwell is a global phenomenon ... he has a genius for making everything he writes seem like an impossible adventure' Observer 'He is the best kind of writer - the kind who makes you feel like you're a genius, rather than he's a genius' The Times

Philosophy of the Arts Gordon Graham 2006-09-07 A new edition of this bestselling introduction to aesthetics and the philosophy of art. Includes new sections on digital music and environmental aesthetics. All other chapters have been thoroughly revised and updated.

Oxford Textbook of Neurologic and Neuropsychiatric Epidemiology Carol Brayne

2020-11-02 The Oxford Textbook of Neurologic and Neuropsychiatric Epidemiology focuses on the overlaps between neuro-epidemiological disorders. Harmonising cohort studies to determine causes related to rarer disorders, this key work is an invaluable reference to current neuro-epidemiological methods.

Born to Run Christopher McDougall 2011 Recounts the author's experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease, and describes his training for a fifty-mile race with the tribe and a number of ultramarathoners.

The State of World Fisheries and Aquaculture 2020 FAO 2020-06-01 The 2020 edition of The State of World Fisheries and Aquaculture has a particular focus on sustainability. This reflects a number of specific considerations. First, 2020 marks the twenty-fifth anniversary of the Code of Conduct for Responsible Fisheries (the Code). Second, several Sustainable Development Goal indicators mature in 2020. Third, FAO hosted the International Symposium on Fisheries Sustainability in late 2019, and fourth, 2020 sees the finalization of specific FAO guidelines on sustainable aquaculture growth, and on social sustainability along value chains. While Part 1 retains the format of previous editions, the structure of the rest of the publication has been revised. Part 2 opens with a special section marking the twenty fifth anniversary of the Code. It also focuses on issues coming to the fore,

in particular, those related to Sustainable Development Goal 14 and its indicators for which FAO is the “custodian” agency. In addition, Part 2 covers various aspects of fisheries and aquaculture sustainability. The topics discussed range widely, from data and information systems to ocean pollution, product legality, user rights and climate change adaptation. Part 3 now forms the final part of the publication, covering projections and emerging issues such as new technologies and aquaculture biosecurity. It concludes by outlining steps towards a new vision for capture fisheries. The State of World Fisheries and Aquaculture aims to provide objective, reliable and up-to-date information to a wide audience – policymakers, managers, scientists, stakeholders and indeed everyone interested in the fisheries and aquaculture sector.

Pocket Guide to Aromatherapy Kathi Keville 1996 In use for more than 6,000 years, aromatherapy offers a powerful tool for physical and emotional healing. The POCKET GUIDE TO AROMATHERAPY includes: A list of the best essential oils for each particular condition. Tips on making your own formulas. Fifty recipes for improving your complexion, boosting your emotions, and healing physical disorders. Special sections on first-aid, childhood problems, and emotional well-being.

The SAGE Handbook of Research Methods in Political Science and International Relations

Luigi Curini 2020-04-09 The SAGE Handbook of Research Methods in Political Science and International Relations offers a comprehensive overview of the field and its research processes through the empirical and research scholarship of leading international authors. The book is structured along the lines of applied research in the discipline: from formulating good research questions and designing a good research project, to various modes of theoretical argumentation, through conceptualization, to empirical measurement and analysis. Each chapter offers new approaches and builds upon existing methods. Through its seven parts, undergraduate and graduate students, researchers and practicing academics, will be guided through the design, methods and analysis of issues in Political Science and International Relations discipline: Part One: Formulating Good Research Questions and Designing Good Research Projects Part Two: Methods of Theoretical Argumentation Part Three: Conceptualization & Measurement Part Four: Large-Scale Data Collection & Representation Methods Part Five: Quantitative-Empirical Methods Part Six: Qualitative & “Mixed” Methods Part Seven: EITM & EMTI

Ischaemic Stroke in the Young Turgut Tatlisumak 2018 The incidence of stroke in younger adults is rising, with approximately 5% of all ischaemic strokes occurring in individuals younger than 45 years and 10% occurring in those under 50. Causes

and risk factor profiles among young ischaemic stroke patients differ significantly from those in elderly patients, and young patients frequently have genetic or other rare causes which require different diagnostic work-up and treatment strategies from older stroke patients. While the aetiology, diagnosis, and treatment of stroke are commonly covered elsewhere, there is little literature referring specifically to the treatment needs for younger stroke patients. *Ischaemic Stroke in the Young* brings together the latest research from leading stroke teams, and takes a detailed diagnostic approach to explore the issues particular to younger stroke victims. This problem-based approach complements existing stroke volumes, providing physicians and stroke service staff with the specific diagnostic and treatment information they need when dealing with younger stroke patients.

The Little Book of Aromatherapy Kathi Keville 2009 "The updated pocket guide to using essential oil formulas for enhancing beauty, health, and overall well-being, from a leading practitioner"--Provided by publisher.

Let's Pretend This Never Happened Jenny Lawson 2012-04-17 The #1 New York Times bestselling (mostly true) memoir from the hilarious author of *Furiously Happy*. "Gaspingly funny and wonderfully inappropriate."—O, The Oprah Magazine When Jenny Lawson was little, all she ever wanted was to fit in. That dream was cut short by her fantastically unbalanced father and a morbidly eccentric childhood.

It did, however, open up an opportunity for Lawson to find the humor in the strange shame-spiral that is her life, and we are all the better for it. In the irreverent *Let's Pretend This Never Happened*, Lawson's long-suffering husband and sweet daughter help her uncover the surprising discovery that the most terribly human moments—the ones we want to pretend never happened—are the very same moments that make us the people we are today. For every intellectual misfit who thought they were the only ones to think the things that Lawson dares to say out loud, this is a poignant and hysterical look at the dark, disturbing, yet wonderful moments of our lives. Readers Guide Inside

Open Veins of Latin America Eduardo Galeano 1997 [In this book, the author's] analysis of the effects and causes of capitalist underdevelopment in Latin America present [an] account of ... Latin American history. [The author] shows how foreign companies reaped huge profits through their operations in Latin America. He explains the politics of the Latin American bourgeoisies and their subservience to foreign powers, and how they interacted to create increasingly unequal capitalist societies in Latin America.-Back cover.

Girl in Pieces Kathleen Glasgow 2016-08-30 Fans of *Girl, Interrupted*, *Thirteen Reasons Why*, and *All the Bright Places* will love this New York Times bestseller. "A haunting, beautiful, and necessary book that will stay with you long after you've

read the last page."—Nicola Yoon, #1 New York Times bestselling author of *Everything, Everything* and *The Sun Is Also a Star* Charlotte Davis is in pieces. At seventeen she's already lost more than most people do in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone forever. Or your mother, who has nothing left to give you. Every new scar hardens Charlie's heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge. A deeply moving portrait of a girl in a world that owes her nothing, and has taken so much, and the journey she undergoes to put herself back together. Kathleen Glasgow's debut is heartbreakingly real and unflinchingly honest. It's a story you won't be able to look away from. "Girl, Interrupted meets *Speak*."—Refinery29 "A dark yet powerful read."—Paste Magazine "One of the most affecting novels we have read."—Goop "Breathtaking and beautifully written."—Bustle "Intimate and gritty."—The Irish Times And don't miss Kathleen Glasgow's newest novel *How to Make Friends with the Dark*, which Karen M. McManus, the New York Times bestselling author of *One of Us Is Lying*, calls "rare and powerful."

Basic Issues in Police Performance 1982 Since the complexity of police services

does not lend itself to standardized performance measures, measurement techniques should be designed to inform more about what police do and how they affect their communities. This report reviews conventional police measurement practices and offers ways to improve the management value of performance information. Traditional performance measurement has emphasized the measurement of individual departments' effectiveness in preventing crime. This approach fails to consider the broad range of other police duties, citizens' expectations of police, and how police activities produce social change. Police can be evaluated in terms of efficiency, effectiveness, equity, and accountability, but citizens disagree about which of these performance criteria are the most important because community/police problems are too diverse. Instead of developing uniform, inflexible performance standards to apply globally to entire departments, evaluators should ask more detailed questions about common police processes and their results. Sketchy knowledge of how policing works now produces many hypotheses, but rarely standards worthy of emulation. Evaluators should develop better theories about police functions, obtain more reliable data, and control data collection costs with the aid of police managers so that measures inform departmental policymakers. Tables, diagrams, and 197 references are given.

Appendixes include police services study data and a list of problem codes.

Branded Abi Ketner 2017-07-03 Fifty years ago The Commander came into power and murdered all who opposed him. In his warped mind, the seven deadly sins were the downfall of society. To punish the guilty, he created the Hole, a place where sinners are branded according to their sins. Sinners are forced to live a less than human existence in deplorable conditions, under the watchful eye of guards who are ready to kill anyone who steps out of line. Now, LUST wraps around my neck like thick, blue fingers, threatening to choke the life out of me. I've been accused of a crime I didn't commit, and the Hole is my new home. Constant darkness. Brutal and savage violence. Excruciating pain. Every day is a fight for survival. But I won't let them win. I will not die in the Hole. I am more than my brand. I'm a fighter. My name is Lexi Hamilton, and this is my story.

Foundations of Effective Influence Operations Eric Victor Larson 2009 The authors aim to assist the U.S. Army in understanding "influence operations," capabilities that may allow the United States to effectively influence the attitudes and behavior of particular foreign audiences while minimizing or avoiding combat. The book identifies approaches, methodologies, and tools that may be useful in planning,

executing, and assessing influence operations.

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